

10/1/2026

| Nassau Life and Annuity Company MYAnnuity |                         |                         |
|-------------------------------------------|-------------------------|-------------------------|
| Free Withdrawal Amount                    | 5-Year Guarantee Period | 7-Year Guarantee Period |
| 0%                                        | 5.80%                   | 5.85%                   |
| 10%                                       | 5.60%                   | 5.65%                   |

| Nassau Life and Annuity Company Simple Annuity |                         |                         |
|------------------------------------------------|-------------------------|-------------------------|
| Free Withdrawal Amount                         | 4-Year Guarantee Period | 6-Year Guarantee Period |
| 5%                                             | 5.55%                   | 5.80%                   |

| Nassau Life Insurance Company |                         |
|-------------------------------|-------------------------|
| Free Withdrawal Amount        | 5-Year Guarantee Period |
| 0%                            | 5.55%                   |
| 10%                           | 5.35%                   |

**Note:**

Rates highlighted in green have **increased** from prior month

Rates highlighted in red have **decreased** from prior month